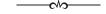
## The Art of Mindful Inquiry



- 1. "What I heard you say was...."
- 2. "Tell me more about what you meant by..."
- 3. "What angered you about what happened?"
  - 4. "What hurt you about what happened?"
  - 5. "What's familiar about what happened?" (How did that affect you? How does it affect you now?)
    - 6. "What do you need/want?"